

2



Helping Hands

LISTENING

Recite and enjoy:

Miss Polly Had a Dolly



Miss Polly had a dolly who was sick, sick, sick.

So she phoned for the doctor to come quick, quick, quick.

The doctor came with his bag and his hat,
And knocked at the door with a rat-a tat-tat.

He looked at the dolly and shook his head,
And said "Miss Polly put her straight to bed."

He wrote a paper for a pill, pill, pill.
I'll be back in the morning with the bill, bill, bill.

Find the rhyming words from the poem:

1. hill — _____, _____
2. red — _____, _____
3. cat — _____, _____
4. brick — _____, _____

Complete the words:

- | | | |
|---------------------|------------|--------------|
| 1. s _ _ k | 2. b _ _ | 3. q _ _ c _ |
| 4. d _ _ t _ _ | 5. M _ _ s | 6. p _ _ l |
| 7. s _ _ o _ | 8. d _ _ _ | 9. c _ _ _ |
| 10. s _ _ a i _ h _ | | |



Find and write words starting with the given letters from the poem:

1. p – _____
2. d – _____
3. b – _____
4. s – _____
5. w – _____

Fill in the blanks with correct options from the brackets:

(doctor, dolly, bill, pill, morning)

1. _____ was sick.
2. The _____ checked dolly.
3. The doctor wrote a _____ for dolly.
4. The doctor will come in the _____ .
5. Miss Polly will pay the _____ .

Listen to the story:

A Trip with Trio



There were three cousins named Hetal, Mihir and Mayank. The trio loved adventures. One day, their school organized a trip to a nearby forest. They registered for it. They packed their backpacks with snacks, water bottles etc. for the trip. All were playing and singing songs during the trip in the bus. Within two hours, they reached. It was a wonderful place for the trip. The school had arranged various activities including a bonfire in the evening.



Whole day, all the students and teachers explored the forest and saw different animals and creatures. They enjoyed the beauty of nature and bonfire. Some students demonstrated how to use the First Aid kit during the trip. They enjoyed singing and dancing too. All were tired and went to their tents to sleep.



Hetal, Mihir and Mayank did not sleep till late night. Suddenly, there was a strange sound. Mihir and Mayank said, “It is an animal.” Hetal said, “It's not an animal. Let's go and check.” They went there. They saw a small creature. It was green. Its body was glowing with light. “Oh ! It's an alien.” Mihir cried.

They felt fear and curiosity. They were brave so they went near the alien. The alien wasn't a threat for them but he needed their help. One of his legs was bleeding. Without wasting time, Hetal brought the First Aid kit from their tent. All the students and teachers came there. Hetal, Mihir and Mayank cleaned his leg carefully with cotton and applied a bandage. They took care of him.



The alien was fine by late night. Now he was able to return to his planet. He gifted a magic box to the trio for their help and kindness. It was a 3-D magical box. They thanked the alien. With a gentle smile, he returned to his own planet.



Fill in the blanks:

1. Hetal, Mihir and Mayank loved _____ .
2. Students enjoyed _____ and _____ .
3. Hetal, Mihir and Mayank did not _____ till late night.
4. _____ glowed with light.
5. The alien gifted a _____ to the cousins.



Answer the questions:

1. Who were cousins?
2. Where did they go for a trip?
3. Who explored the forest?
4. How did they help the alien?
5. Hetal brought the First Aid kit. True or False?

READING

Read the passage and match 'A' with 'B':

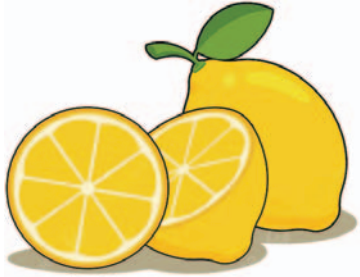



Everyone loves mangoes. They are ripe, juicy and sweet. Nothing tastes better than a ripe mango. In summer, mangoes are a must in Jaya's house. She loves mangoes. She can eat three to four mangoes in a day. Her brother, Deep tries to eat more mangoes than Jaya. But today he has stomach-ache and has to take medicine. Their mother, Simaben scolds both of them. Then she also allows them to eat only one or two mangoes a day.

A	B	Answer
1. a mango	a. medicines	1. _____
2. Jaya's brother	b. mangoes	2. _____
3. Simaben	c. ripe, juicy and sweet	3. _____
4. summer	d. Jaya's mother	4. _____
5. stomach-ache	e. Deep	5. _____





Study the table and answer the questions:

Food	Taste
1. lemons 	sour
2. dates 	sweet
3. bitter gourds 	bitter
4. chillies 	spicy

1. Write various tastes mentioned in the table.
2. Which taste do you like most?
3. What is bitter?
4. Lemon is _____ in taste? Is lemon _____ in taste?
5. Dates are spicy. True or False?



WRITING



Study the picture and make sentences:

(an operation theatre, a doctor, nurses, patients, oxygen cylinder, wheel chair, clock)



It is a hospital. There is.../There are...



Study the table, complete your details and make sentences:

Name Relation	Parag	Mahira	Your name
mother	Smitaben (a doctor)	Samiraben (a pilot)	
father	Rameshbhai (a manager)	Firozbhai (a teacher)	
brother	Darshan	Rehan	
sister	Amrita	Ziya	

Parag : I am Parag. Smitaben is my mother. She is a doctor. My father's name is Rameshbhai. He is a manager. My younger brother's name is Darshan. Amrita is my sister.








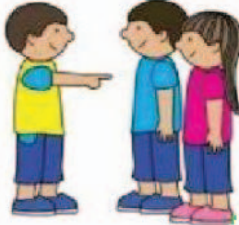
Mahira :

You :



LANGUAGE FUNCTION

Study the table:

	<div>We</div> <div>They</div> <div>It</div>		<div>You</div> <div>I</div> <div>She</div>
	<div>I</div> <div>We</div> <div>They</div>		<div>It</div> <div>He</div> <div>I</div>
	<div>I</div> <div>It</div> <div>You</div>		<div>It</div> <div>She</div> <div>He</div>
	<div>He</div> <div>I</div> <div>We</div>		<div>You</div> <div>We</div> <div>It</div>

શિક્ષક ઉપરના કોષ્ટકમાં આપેલ ચિત્ર મુજબ અભિનય સાથે –

I - my

We - our

You - your

He - his

She - her

It - its

They - their

ની સમજ આપશે.

Make sentences using the words given in the brackets:

(He, She, They, It, I)

Example: Rajesh is a teacher.	I am a teacher.
1. Mahesh and Milan are friends.	
2. Hetal is a pilot.	
3. A monkey is on the tree.	
4. Zarina and Zeel are classmates.	
5. Amar is an engineer.	
6. _____ (your friend's name) is a student.	

Make sentences using the words given in the brackets:

(her, its, my, his, their)

Example: She is Maya.	This is her book.
1. This is Mohit's bag.	
2. This is _____ (your friend's name) pencil.	
3. That is a monkey's tail.	
4. It is Kavita and Komal's home.	
5. It is Nitu's laptop.	

શિક્ષક ઉપરના કોષ્ટકમાં

I - me - my - myself

We - us - our - ourselves

You - you - your - yourself

You - you - your - yourselves

He - him - his - himself

She - her - her - herself

It - it - it - itself

They - them - their - themselves

ની સમજ આપશે.

Fill in the blanks using the words given in the brackets:

(you, him, them, me, her, us, it)

Example: Can you help me?

1. They took their cat with _____ .
2. This fruit is very juicy. I like _____ very much.
3. We are going to the park. Can you join _____?
4. She helped people during rain. Everyone praised _____ for her kindness.
5. His face is very familiar. I don't remember where I have seen _____ .
6. I have seen you somewhere. Do I know _____?

Fill in the blanks using the words given in the brackets:

(yourselves, himself, themselves, myself, itself, herself, ourselves, yourself)

Example: I can do it myself.

1. We can protect from rain with an umbrella.
2. The computer keeps turning off.
3. She did not need any help. She can do it
4. They cooked food last Sunday.
5. Both of you should do it
6. He was not careful. He hurt with a knife.
7. You are Ajay. You should do this work



Read the following sentences and make other sentences using the words given in the brackets:

(he, his, him, himself, she, her, herself, you, your, yourself, yourselves, it, its, itself, they, their, them, themselves)

Examples:

- | | |
|---------------------------------------|---------------------------------------|
| 1. I am Dipak. | 2. We are cousins. |
| This is my home. | This is our school. |
| My grandmother loves me a lot. | Mukeshbhai teaches us English. |
| I can make juice myself . | We can cook food ourselves . |



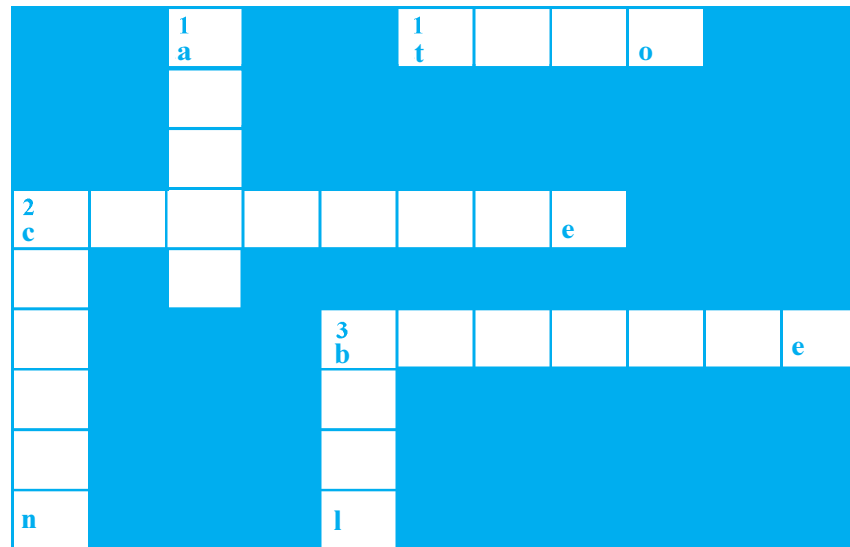
VOCABULARY

Write words for the items included in the First Aid box:

(scissors, bandage roll, antiseptic, ointment, cotton, band-aid)



Read the across and down keys and solve the puzzle:



Across →

1. A group of three is called. (4)
2. A living thing such as an animal, a bird or an insect (8)
3. Fire around which you can sing or dance during picnic at night. (7)

Down ↓

1. A creature from other planet is called _____. (5)
2. Your uncle's son/daughter is your _____. (6)
3. We have to pay a _____ when we buy something. (4)

(creature, alien, bon-fire, bill, cousin, trio, cotton)

ACTIVITY

Dramatize the story as your teacher says:

શિક્ષક વિદ્યાર્થીઓને ‘A Trip with Trio’ વાર્તાના અંશોનું નાટ્યીકરણ કરાવશે. નીચે મુજબના dialogues નો ઉપયોગ કરી શકશે. ત્યારબાદ First Aid Boxના ઉપયોગની સમજ આપી Mock-drill કરાવશે.

Hetal : Mayank, there is a strange sound. Let's go and check.

Mayank : There isn't any sound.

Mihir : It is a forest. There must be an animal.

Hetal : Let me go and check.

Mayank and Mihir: Ok didi, Let's go.

Mihir : Oh ! It's an alien.

Mayank and Hetal: Don't shout. It is quite small and cute.

SPEAKING

Read the dialogue, Make pairs and enact it (Role play):

Doctor : What happened to you, Chintu?

Chintu : Nothing, Doctor uncle. Just my stomach is aching.

Doctor : Oh ! What did you eat last night?

Chintu : Only two burgers and one small pizza.

Doctor : Then your stomach ache is natural.

Chintu : What to do now?

Doctor : Take these pills and don't eat anything till night.

Chintu : Ok but can I drink milk?

Doctor : No, no milk at all. You can drink just water.

Chintu : Ok doctor uncle. I will do as you said.

Imagine you have got the Magic Box from an alien. What will you do with the box? Speak about it.

DO IT YOURSELF



Write five to seven sentences about your school's First Aid box.